



BATON ROUGE PHYSICAL THERAPY

IN PARTNERSHIP WITH OUR LADY OF THE LAKE

HOW PHYSICAL THERAPY HELPS TREAT CERVICAL RADICULOPATHY

With so much of the population working from home due to COVID-19, you may be seeing an increased number of patients presenting with neck pain. Luckily, Cervical Radiculopathy can be easily identified in your office and can be treated within 10-12 visits by one of our expert physical therapists.

Did You Know?



Adults experience neck pain that interferes with their daily activities during their lifetimes.

Signs & Symptoms

- ▶ Complaints of sharp, burning pain down the arm
- ▶ Numbness
- ▶ Tingling
- ▶ Weakness



Screening in Your Clinic

You can screen a patient in the office by utilizing the Cervical Radiculopathy Clinical Prediction Rule. Click on each image to view a quick demonstration on each screening test.

(+) Spurling's Test

(+) Distraction Test

Ipsilateral Cervical
Rotation
(<60 degrees)

(+) Median Nerve
Upper Limb
Tension Test

How We Help

We offer Multimodal Intervention:

- ▶ Manual Therapy
- ▶ Pain Neuroscience Education (PNE)
- ▶ Intramuscular Manual Therapy (IMT)
- ▶ Individualized Exercise Programs
- ▶ Astym



Better Outcomes



Among physical therapy practices in the nation for functional outcomes of cervical spine patients according to FOTO.

Ready to Refer?

For a list of BRPT locations or a copy of our referral sheet, please visit www.brptlake.com/for-referring-providers. Have questions? Give us a call at 225.927.9185.

